



**Princeton Club West MX4**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		6:30am 30 min Carol		6:30am 30 min Wyatt		
	8:30am 30 min Priscilla	8:30am 30 min Becca	8:30am 30 min Priscilla	8:30am 30 min Becca	8:15am 30 min Jake	
	12:30pm 30 min Carol	12:00pm 30 min Wyatt	12:30pm 30 min Carol	12:00pm 30 min Priscilla	12:30pm 30 min Carol	
	5:30pm 30 min Ethan		5:30pm 30 min Wyatt			

**1 time per week \$15/class**

**2 times per week \$12/class**

**X-PASS (\$80/Month for UNLIMITED MX4)**

*See front desk for details*

**MX4 Small Group Training  
GET INSPIRED, GET TOGETHER, GET RESULTS**

Discover MX4 Small Group Training for a fresh, motivating exercise experience that delivers results you can see. Only MX4 combines best-in-class training tools with exciting workouts to help you improve cardiovascular fitness, power, strength and endurance in a way that's right for your body and abilities. Whether you're striving to shed a few pounds, enhance performance or improve overall fitness, MX4 will help you achieve more with a mix of personal trainer attention, camaraderie and challenging progressive workouts.

\*Effective October 2018