

# PRINCETON CLUB SPORTS PERFORMANCE

1X PER WEEK -- \$272

2X PER WEEK -- \$512

3X PER WEEK -- \$696

4X PER WEEK -- \$864

MINIS -- 7-10 YEARS

JUNIOR -- 11-14 YEARS

ADVANCED -- 15-18 YEARS

ELITE -- COLLEGE/18+



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 A.M.			ADVANCED WITH JUSTIN			
8:00 A.M.			ADULT STRENGTH & SPEED WITH PRISCILLA			
9:00 A.M.			HIGH SCHOOL GIRLS ONLY WITH PRISCILLA			
10:00 A.M.		ADVANCED WITH PRISCILLA		ADVANCED WITH PRISCILLA		
11:00 A.M.		JUNIORS WITH PRISCILLA		JUNIORS WITH PRISCILLA		
12:00 P.M.		ELITE WITH PRISCILLA	MINIS WITH PRISCILLA	ELITE WITH PRISCILLA		
5:00 P.M.	JUNIORS WITH NOAH		JUNIORS WITH NOAH			
6:00 P.M.	ADVANCED WITH NOAH		ADVANCED WITH NOAH			

8 WEEK PROGRAM RUNS FROM JUNE 14TH - AUGUST 5TH      REGISTRATION DEADLINE: JUNE 10TH



SCAN THE QR CODE WITH  
YOUR SMARTPHONE TO  
REGISTER

OR VISIT

[HTTPS://WWW.PRINCETONCLUB.NET/PRINCETON-CLUB-SERVICES/ATHLETIC-PERFORMANCE/](https://www.princetonclub.net/princeton-club-services/athletic-performance/)

MEMBERS REGISTER THROUGH THE APP!



SCAN ME