Spin Studio



Friday Monday Tuesday Wednesday Thursday Saturday Sunday LesMills Sprint () Sprint LesMills LesMills ONDEMAND (P) Sprint 4:00AM - 4:50AM 12:00AM - 7:30AM 4:00AM - 4:30AM 4:00AM - 4:50AM 4:00AM - 4:30AM 4:00AM - 4:30AM 4:00AM - 4:50AM LesMills OTHE TRIP ONDEMAND ONDEMAND ONDEMAND ONDEMAND ONDEMAND ONDEMAND 4:30AM - 5:30AM 7:00AM - 7:45AM 7:00AM - 8:00AM 6:30AM - 8:00AM 6:30AM - 8:00AM 5:00AM - 7:30AM 9:00AM - 1:00PM I DEMILIE I PSMILLS LesMills THE TRIP THE TRIP ONDEMAND ONDEMAND ONDEMAND ONDEMAND 8:00AM - 10:50AM 9:30AM - 1:00PM 8:30AM - 9:15AM 9:30AM - 12:00PM 7:00AM - 8:00AM 10:00AM - 10:45AM 1:00PM - 1:50PM Sprint LesMills LesMills LesMills **●** RPM THE TRIP ONDEMAND ( Sprint ( Sprint 12:00PM - 12:30PM 1:00PM - 1:30PM 9:30AM - 10:15AM 12:00PM - 12:50PM 9:30AM - 12:00PM 11:00AM - 11:50AM 2:00PM - 2:30PM **●** RPM LesMills Sprint O RPM ONDEMAND ( Sprint ONDEMAND ONDEMAND 12:30PM - 1:00PM 2:00PM - 2:50PM 10:20AM - 12:00PM 1:00PM - 1:30PM 12:00PM - 12:30PM 12:00PM - 1:00PM 3:00PM - 3:30PM O RPM LesMills LesMills LesMills  $\odot$ ONDEMAND **●** RPM ONDEMAND (P) Sprint 1:00PM - 1:50PM 3:00PM - 4:00PM 12:00PM - 12:30PM 2:00PM - 2:50PM 12:30PM - 1:00PM 1:00PM - 1:50PM 3:30PM - 4:20PM **○** RPM LesMills LesMills **ONDEMAND** ONDEMAND ONDEMAND 2:00PM - 2:30PM 6:30PM - 8:30PM 12:30PM - 1:00PM 3:00PM - 3:50PM 2:00PM - 2:30PM 6:00PM - 10:30PM 1:00PM - 1:50PM LesMills **○** RPM LesMills **()** RPM ONDEMAND ONDEMAND ( Sprint ONDEMAND 2:30PM - 5:00PM 8:30PM - 9:20PM 1:00PM - 1:50PM 4:00PM - 5:30PM 2:00PM - 2:30PM 3:00PM - 3:30PM 10:30PM - 3:30AM THE TRIP P RPM ONDEMAND ( sprint ONDEMAND ONDEMAND 9:30PM - 3:30AM 7:00PM - 8:30PM 2:00PM - 2:30PM 6:45PM - 7:30PM 2:30PM - 4:00PM 3:30PM - 4:20PM ONDEMAND ONDEMAND THE TRIP ( Sprint (P) Sprint 8:30PM - 9:00PM 2:30PM - 5:30PM 7:30PM - 8:30PM 4:00PM - 4:45PM 4:30PM - 5:00PM LesMills LesMills THE TRIP ONDEMAND ONDEMAND ONDEMAND 9:00PM - 3:30AM 7:00PM - 7:45PM 8:30PM - 9:20PM 7:00PM - 8:30PM 5:30PM - 10:00PM LesMills ONDEMAND ONDEMAND ( Sprint OTHE TRIP 7:45PM - 8:30PM 9:30PM - 3:30AM 8:30PM - 9:00PM 10:00PM - 12:00AM



**ONDEMAND** 

9:00PM - 3:30AM

## **ONDEMAND**

9:00PM - 3:30AM